

CHORE IDEAS FOR Kids

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Toddlers

- Dust
- Brush teeth
- Get dressed
- Water plants
- Empty trashes
- Fold washcloths
- Put away laundry
- Help pick up room
- Wipe down sink/toilet
- Pick up toys & put into tub

4-Year-Olds

- Fold washclothes, hand towels, underwear, & other small items
- Rinse dishes/load dishwasher
- Dust/wipe down surfaces
- Wipe down door handles
- Wipe down sink/toilet
- Pick up their room
- Put away laundry
- Simple meal prep
- Sort & fold socks
- Clear the table
- Empty trashes
- Water plants
- Set the table
- Vacuum
- Mop



7-Year-Olds

- Mop
- Sweep
- Sorting
- Vacuum
- Make bed
- Set the table
- Clip coupons
- Empty trashes
- Clear the table
- Take care of pets
- Simple meal prep
- Pick up their room
- Clean out/organize
- Dry/put away dishes
- Dust/wipe down surfaces
- Water plants and gardens
- Sort, start, switch, fold, and put away laundry
- Wipe down door handles & light switches
- Rinse dishes/load dishwasher



4 Important Things to Remember

1. Children need to know what you expect of them.
2. Don't expect them to do it well—especially at first. Keep it simple for toddlers.
3. Praise 10 times as much as you correct.
4. Don't give up!