

Ewa-Week Menu Planner

sunday	B	B
	L	L
	S	S
	D	D
monday	B	B
	L	L
	S	S
	D	D
tuesday	B	B
	L	L
	S	S
	D	D
wednesday	B	B
	L	L
	S	S
	D	D
thursday	B	B
	L	L
	S	S
	D	D
friday	B	B
	L	L
	S	S
	D	D
saturday	B	B
	L	L
	S	S
	D	D

